



Welcome Jack

We are very pleased to introduce Jack, our new Trainee 1st line Engineer, who will be joining us on Mon 2nd Sept.

Jack (we now have two) has been brought in to further expand the team, and comes to us fresh out of Uni and raring to go.

We ask that you please be patient with Jack, while he settles in and finds his feet

ai rollercoaster speeds up!

If you regularly use artificial intelligence, you will be aware that not only was ChatGPT first on the scene but also that it has evolved from ChatGPT, to ChatGPT 2, 3, 4, and 4o. Now Microsoft-backed OpenAI has announced the launch of SearchGPT.

As exciting and useful as the previous versions have been, this version has taken a massive leap forward. How so, I hear you ask?

If (like me) you use ChatGPT to assist you in your everyday work tasks, you may have been frustrated (like me) by the fact that responses are not based on current knowledge but on information available up to Aug 2023 (correct as of 21/8/2024). So any advancements, news, or changes that have happened since then may not be part of the model's knowledge, which means that it may not know about scientific discoveries, political events, news, trends or anything that have occurred after that date.

SearchGPT on the other hand will not only deliver real-time info. from the web but ... see our website blog to read more.:

www.interfuture.co.uk/blog/2024/08/12/ai-rollercoaster-speeds-up



Newsletter

In this edition, we consider whether it's too late for us to become an Olympian or, if we try really really hard, we stand a chance in 2028! You may well scoff but Jimenez Cobo, a 65 Spanish equestrian, has just won a medal and our very own Andy Macdonald (skateboarder) competed at the age of 51. So ...

We also introduce you to our latest recruit: another Jack. More details in our next edition as we still await his arrival, so he is ungrilled as yet!

Finally, please do read our efficiency tips .. you may find them useful ..





Tips & Tricks

Outlook Rules

Outlook rules are automated actions that are applied to incoming or outgoing emails, based on conditions set by the user. These rules help to organise, categorise, respond to, or move emails without manual intervention.

Common Uses for Rules

- Automatically move emails from specific senders to designated folders
- Flag important emails or set up notifications for emails from VIP contacts
- Automatically delete or archive emails based on criteria to keep your inbox clean
- Forward specific types of emails to another account
- Automatically reply with predefined responses to certain emails

How

- Select Home tab at top of screen
- Select Rules in top ribbon
- Complete as required



What's Happening in September

We have some interesting ones this month: 6th - 12th is Know Your Numbers Week - encouraging adults across the UK to know their blood pressure numbers and take the necessary action to reach and maintain a healthy level. I believe that most (all?) GP surgeries have a machine in their waiting room, that anyone can go in and use - you just pop your arm in and it prints out a reading. Furthermore, you can find some useful health facts and advice at: www.bloodpressureuk.org/know-your-numbers.

Sat 7th is National cinema day - now there's a nice idea, if you haven't been for a while. On Sat 21st its Telegraph Pole Appreciation day - please make time to be nice to a pole today .. I leave you to make your own jokes about that one!

Then on Wed 25th it's National Fitness Day. I expect that the Olympics has inspired us all anyway and that, like me, you are doing a triple twisting double somersault when out walking the dog already ...



In Praise of AI ..

There is a lot of fear around AI but there is also a lot to get excited about. The explosion in ai web/app tools is enabling people to do their job better, faster and with less effort. Each month we will review a collection and bring you those that seem most useful:

<https://gamma.app/> ★ ★ ★ ★ ★

This AI tool is great for making visually engaging presentations with minimal effort and input - the basic plan is free and subscriptions are very reasonably priced.